## Russian Four Year Academic Plan

<table>
<thead>
<tr>
<th>Year 1</th>
<th>Fall</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Benchmark 1 Requirement</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>RUSS 102</td>
<td>ENGL 101 (AW)*</td>
<td>Natural Sciences (NS)**</td>
</tr>
<tr>
<td><em>Must be completed by the end of 2 semesters</em></td>
<td>Math (MA)*</td>
<td>Analytic Reasoning (AR)</td>
</tr>
<tr>
<td></td>
<td>History/Social Science (HS)**</td>
<td>Humanities (HU)**</td>
</tr>
<tr>
<td></td>
<td>RUSS 101 (5 credits)</td>
<td>RUSS 102 (5 credits; fulfills Global Engagement)</td>
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<tr>
<td></td>
<td>ARHU 158</td>
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<td></td>
<td><em>Must attempt by 30 cr.</em></td>
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<thead>
<tr>
<th>Year 2</th>
<th></th>
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</thead>
<tbody>
<tr>
<td><strong>Benchmark 2 Requirement</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>RUSS 202</td>
<td>Humanities (HU)**</td>
<td>Oral Communication (OC)</td>
</tr>
<tr>
<td><em>Must be completed by the end of 4 semesters</em></td>
<td>RUSS 201 (5 credits)</td>
<td>Scholarship in Practice (SP) #1**</td>
</tr>
<tr>
<td></td>
<td>Elective 1xx-4xx</td>
<td>RUSS 202 (5 credits)</td>
</tr>
<tr>
<td></td>
<td>Elective 1xx-4xx</td>
<td>Elective 1xx-4xx</td>
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<thead>
<tr>
<th>Year 3</th>
<th></th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Natural Science Lab (NL)**</td>
<td>History/Social Sciences (HS)**</td>
</tr>
<tr>
<td></td>
<td>RUSS 301</td>
<td>RUSS 302</td>
</tr>
<tr>
<td></td>
<td>RUSS 3xx</td>
<td>RUSS 3xx-4xx or SLAV 4xx</td>
</tr>
<tr>
<td></td>
<td>Elective 1xx-4xx</td>
<td>Elective 3xx-4xx</td>
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<tr>
<td></td>
<td>Elective 3xx-4xx</td>
<td>Elective 3xx-4xx</td>
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</tbody>
</table>

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<thead>
<tr>
<th>Year 4</th>
<th></th>
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<tbody>
<tr>
<td></td>
<td>Professional Writing (PW)</td>
<td>RUSS 402</td>
</tr>
<tr>
<td></td>
<td>Scholarship in Practice (SP) #2**</td>
<td>RUSS 4xx</td>
</tr>
<tr>
<td></td>
<td>RUSS 401</td>
<td>Elective 3xx-4xx</td>
</tr>
<tr>
<td></td>
<td>RUSS 3xx-4xx or SLAV 4xx</td>
<td>Elective 3xx-4xx</td>
</tr>
<tr>
<td></td>
<td>Elective 3xx-4xx</td>
<td>Elective 1xx-4xx</td>
</tr>
</tbody>
</table>

**Note:** Some courses for the major may also count toward the General Education requirements.

**All students must complete two Distributive Studies courses that are approved for I-series courses. The Understanding Plural Societies and Cultural Competence courses may also fulfill Distributive Studies categories.**

Total Credits for Degree: 120; 45 credits must be 3xx-4xx level
<table>
<thead>
<tr>
<th>General Education Requirements</th>
<th>Benchmark Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fundamental Studies</strong></td>
<td><strong>Year 1 - Benchmark Requirement</strong></td>
</tr>
<tr>
<td>Requirements: 15 credits/5 courses</td>
<td>RUSS 102</td>
</tr>
<tr>
<td>Academic Writing (AW)</td>
<td>ENGL 101</td>
</tr>
<tr>
<td>Professional Writing (PW)</td>
<td>RUSS 202</td>
</tr>
<tr>
<td>Oral Comm. (OC)</td>
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<tr>
<td>Math (MA)</td>
<td></td>
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<tr>
<td>Analytic Reasoning (AR)</td>
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<tr>
<td><strong>Distributive Studies</strong></td>
<td><strong>Year 2 - Benchmark Requirement</strong></td>
</tr>
<tr>
<td>Requirements: 25 credits/8 courses</td>
<td></td>
</tr>
<tr>
<td>Natural Science Lab (NL)</td>
<td>RUSS 201*</td>
</tr>
<tr>
<td>Natural Sciences (NS)</td>
<td>RUSS 202</td>
</tr>
<tr>
<td>History/Social Sciences (HS)</td>
<td>RUSS 301</td>
</tr>
<tr>
<td>History/Social Sciences (HS)</td>
<td>RUSS 302</td>
</tr>
<tr>
<td>Humanities (HU)</td>
<td>RUSS 3xx</td>
</tr>
<tr>
<td>Humanities (HU)</td>
<td>RUSS 401</td>
</tr>
<tr>
<td>Scholarship in Practice (SP)</td>
<td>RUSS 402</td>
</tr>
<tr>
<td>Scholarship in Practice (SP) non major</td>
<td>RUSS 4xx</td>
</tr>
<tr>
<td><strong>I-Series</strong></td>
<td><strong>Major Requirements</strong></td>
</tr>
<tr>
<td>Normally double counted with Distributive Studies</td>
<td>Cumulative average of major requirements must be at least 2.0</td>
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<tr>
<td>Requirements: 6 credits/2 courses</td>
<td></td>
</tr>
<tr>
<td>I-Series (IS)</td>
<td>RUSS 2xx-4xx</td>
</tr>
<tr>
<td>I-Series (IS)</td>
<td>RUSS 2xx-4xx</td>
</tr>
<tr>
<td><strong>Diversity</strong></td>
<td></td>
</tr>
<tr>
<td>(overlap permitted with Distributive Studies and/or I-series)</td>
<td></td>
</tr>
<tr>
<td>Requirements: 4-6 credits/2 courses</td>
<td></td>
</tr>
<tr>
<td>Understanding Plural Soc. (UP)</td>
<td>RUSS 3xx-4xx in Russian</td>
</tr>
<tr>
<td>Understanding Plural Soc. (UP) or</td>
<td></td>
</tr>
<tr>
<td>Cultural Competency (CC)</td>
<td></td>
</tr>
<tr>
<td><strong>Experiential Learning- optional</strong></td>
<td></td>
</tr>
<tr>
<td>(overlap permitted with other requirements/courses)</td>
<td></td>
</tr>
<tr>
<td>Requirements: 0-3 credits</td>
<td></td>
</tr>
<tr>
<td><strong>Students must earn a minimum of 120 credits to complete a degree.</strong></td>
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<tr>
<td><strong>University Requirements for Graduation:</strong></td>
<td></td>
</tr>
<tr>
<td>☐ At least 30 credits must be earned at UMD</td>
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</tr>
<tr>
<td>☐ 15 of the final 30 credits must be earned at the 300-400 level</td>
<td></td>
</tr>
<tr>
<td>☐ 12 upper level major credits must be earned at UMD</td>
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<tr>
<td><strong>ARHU Requirements for Graduation:</strong></td>
<td></td>
</tr>
<tr>
<td>☐ 45 upper level credits</td>
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</tr>
<tr>
<td>☐ ARHU 158 or equivalent (if applicable)</td>
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<tr>
<td>☐ Global Engagement</td>
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</tbody>
</table>